



Narrogin Primary School P & C

SUNSMART NARROGIN TRIATHLON

Sunday 24th November 2013
Narrogin Leisure Centre

8.00 am Registration, 8.50 am Briefing
9.00 am Race Start

Certificates and hats for all competitors

Four distances for Teams and Individuals in Junior, Open and Veteran categories

Mini (9 & under only)

50m swim 800m bike 400m run

Intro (13 & under only)

100m swim 2.4km bike 800m run

Short (17 & under, Open, Vet)

200m swim 8km bike 2.5km run

Long (17 & under, Open, Vet)

400m swim 16km bike 5km run



Entry fees

Junior Individual \$10
Junior Team \$30
Open / Vet Individual \$15
Open / Vet Team \$45

Entry forms available from

Narrogin Primary School Office
Narrogin Leisure Centre

Event information

Entry forms, briefing notes, rules, maps, and results will be posted on the Narrogin Primary School website

www.narroginprimaryschool.wa.edu.au

Entries Close Wednesday 20th Nov 2013

No late entries accepted

Cheques to Narrogin Primary School P & C

Direct deposit BSB 036167 Acc No 162321

Please include 'Tri' then surname or team name in the description box

Send Entries to

In person: Narrogin Primary School Office

Mail: PO Box 181 Narrogin 6312

Fax: 9885 9060

Email: wiese@activ8.net.au

All enquiries to Sarah Wiese

Phone: 9885 9050

Fax: 9885 9060

Email:

wiese@activ8.net.au



SunSmart Narrogin Triathlon 2013

ENTRY FORM

Team Name: _____

Contact Name: _____

Address: _____

Phone: _____ Fax: _____

Email: _____

Circle one distance

Mini Intro Short Long

Circle one age group

Junior Open Vet
(17 & under) (40 & over)

Declaration (All entrants or guardian if <18 must sign)

I hereby acknowledge responsibility of my personal athletic equipment. I hereby waive all and any claim, right or case of action which I might otherwise have for or arising out of my life or injury, damage or loss of any description whatsoever which I may suffer or sustain in the course of, or consequent upon my entry or participation in the said event.

I hereby declare that I am physically fit and have undertaken adequate training for the event. I will fully accept the decision of the race director if I am disqualified for any infraction of the rules or regulations governing Triathlons and if so directed, I will not take any further part in the event.

I hereby agree that in the event of storm, rain, inclement winds, the organisers of the event have the right to modify or cancel the event and my entry fee shall not be refundable.

	Sex	Surname	First Name	Signature
Individual				
Swimmer				
Cyclist				
Runner				